



## 9 Ways to Get Involved this Holiday Season

Due to increased interest in volunteering around the holidays, Sacramento Food Bank & Family Services (SFBFS) is nearly fully booked with volunteers to help in our facilities through the month of December. However, there are other ways that you can support families in need and get more involved at SFBFS. Here are some ways to help out now:

- 1) Take a tour of our facilities. Tours of our Family Services campus are offered at your convenience. Contact Courtney at [cbalonek@sacramentofoodbank.org](mailto:cbalonek@sacramentofoodbank.org) to book a tour.
- 2) Put together stockings of items for children who access SFBFS' services. Fill them with toys, books, mittens, hats, warm socks or any treat a youngster would like to receive. SFBFS will give stockings away at Christmas events in our programs.
- 3) Collect toys, books or stuffed animals to be given out at a Christmas event in our programs.
- 4) Collect items for [Welcome Home Baskets](#) for newly arriving refugee families, which will be used throughout the year. Desired items include shampoo, conditioner, soap, toothpaste, toothbrush, razors, comb, brush, hand mirror, toilet paper pack, basic cleaning products for bathroom and kitchen, dishwashing soap, kitchen towels, etc.
- 5) Participate in our Spirit of Giving donation drive. [Request a barrel online](#) to collect donations of food, clothing and baby items.
- 6) Host a fundraising event to raise financial support for SFBFS. Contact Courtney at [cbalonek@sacramentofoodbank.org](mailto:cbalonek@sacramentofoodbank.org) to get started.
- 7) Use [Amazon Smile](#) for your holiday shopping to donate a percentage of your purchases back to SFBFS.
- 8) Craft homemade items for SFBFS' families. Ideas include handmade scarves, baby booties, knit caps or fleece blankets to keep people warm during the winter season.
- 9) Planning a group event? [Book a date for your group to volunteer](#). Individuals may sign up for a future volunteer orientation. Your help is critically needed throughout the year.



Need more information? Visit [www.sacramentofoodbank.org](http://www.sacramentofoodbank.org) or contact Tony at [aschneider@sacramentofoodbank.org](mailto:aschneider@sacramentofoodbank.org) or (916) 925-3240 ext. 3383.